

Functional Nutrition Therapy



Elizabeth, a Nutritionist with 9 years professional experience and 5 years in Functional Medical Nutrition Therapy, optimizes your nutritional status by first conducting an individual nutritional analysis. Using nutritional testing, diet and supplements a person's body is then able to start the process of re-balancing to improve health and energy.

Graduated from Iowa State University with a B.S. in Nutritional Science in 1999, Elizabeth's strengths include the ability to educate and coach clients on the science behind nutrition so they will be able to make lasting changes that will positively affect their health.



BONEY'S

BAYSIDE MARKET

Presents:

Detoxification for Health

By: Elizabeth Wagner, RDCCN

- What is detoxification
- Learn if detoxification is important for you
- Find out the symptoms associated with detoxification
- Discover simple steps to starting a detox program

Saturday, January 9th 2-3:30pm

Call to reserve your seat at 619.435.0776 or
sign up in the vitamin department

155 Orange Ave
Coronado, CA 92118

www.baysidemarket.com